



THE J.M. SMUCKER Co

Pack & Go Granola Bars

Prep Time Cook Time Serves Difficulty

20 mins 25 mins 21 N/A

Ingredients

- 1 cup softened butter
- 1 cup packed brown sugar
- 1/2 cup corn syrup
- 3 cups Robin Hood® Oats

Robin Hood® Quick Oats

- 1 cup Robin Hood Original All Purpose Flour

Robin Hood® Original All Purpose Flour

- 1/2 tsp baking soda
- 1 tsp ground cinnamon
- 1 cup crisp rice cereal
- 3/4 cup dried cranberries
- 3/4 cup semi-sweet chocolate chips
- 1/4 cup each sunflower, flax and sesame seeds
- 3/4 cup chopped dried apricots

Directions

Step 1:

Preheat oven to 350°F (180°C). Line a 15"x10"x1" (37cm x 25 cm x 2.5 cm) jellyroll pan with parchment paper.

Step 2:

Heat, in a small saucepan over medium heat, butter and brown sugar together, stirring until smooth. Stir in corn syrup.

Step 3:

Combine, in a large bowl, remaining ingredients. Pour sugar mixture on top. Mix well, until all ingredients are moistened. Press firmly into prepared pan.

Step 4:

Bake in preheated oven for 20 to 25 minutes, or until light golden. Cool completely then cut into bars.

Images

