THE J.M. SMUCKER Co

Blackberry Friands

Serving Size: 12

Prep Time	Cook Time	Serves	Difficulty
N/A	N/A	N/A	N/A

Ingredients

- 2 tbsp Sugar In The Raw Natural Turbinado Sugar
- 5 egg whites
- 1 cup Robin Hood® Almond Flour
- 1 1/2 cups icing sugar, plus additional for garnish
- 3/4 cup Robin Hood® Original All Purpose Flour
- 1/3 cup melted butter
- Grated orange zest, optional
- 36 fresh blackberries or raspberries

Directions

Preheat oven to 350°C (180°F). Grease Friands or muffin pans and sprinkle bottom and sides with turbinado sugar.

Lightly whisk egg whites in a medium bowl. Add remaining ingredients (except blackberries) and stir to combine. Place in prepared pans.

Top each with 2-3 blackberries and press down slightly.

Bake 30-35 minutes, or until golden and tops appear dry. Let cool 5 minutes in pan and then gently remove to wire cooling rack.

Images

