



THE J.M. SMUCKER Co

New Year's Resolution Cookies

Prep Time Cook Time Serves Difficulty

15 mins 13 mins 50 N/A

Ingredients

- 1/2 cup (125 mL) brown sugar
- 3/4 cup (375 mL) unsweetened apple sauce
- 1/4 cup (50 mL) butter, melted
- 1 egg
- 1 tsp (5 mL) vanilla
- 1 3/4 cups (425 mL) **Robin Hood®** Oats

Robin Hood® Quick Oats

- 1 1/2 cups (375 mL) **Robin Hood®** Original All Purpose Flour

Robin Hood® Original All Purpose Flour

- 1 tsp (5 mL) baking powder
- 1 tsp (5 mL) baking soda
- 1 tsp (5 mL) cinnamon
- 1/2 tsp (2 mL) salt
- 1/4 cup (50 mL) ground flax seed
- 1/4 cup (50 mL) whole flax seed
- 1/4 cup (50 mL) sesame seeds
- 1/2 cup (125 mL) chopped pecans
- 1 cup (250 mL) chopped dates

Directions

Step 1:

Preheat oven to 350°F (180°C). Line baking sheets with parchment paper.

Step 2:

Stir together brown sugar, applesauce, butter, egg and vanilla in a large mixing bowl. Mix in remaining ingredients.

Step 3:

Place by rounded tablespoon (15 mL) 2" (5 cm) apart on prepared baking sheets.

Step 4:

Bake in preheated oven 12 to 13 minutes or until golden. Cool on wire rack.

Have warm, fresh baked cookies any time without the mess or prep time. Simply make the recipe ahead, roll the cookie dough into balls and freeze them. When you're ready, bake from frozen. Keep in mind that you may have to add a few minutes to your baking time.

Images

