THE J.M. SMUCKER Co

Orange and Date Muffins

Prep Time	Cook Time	Serves	Difficulty
15 mins	20 mins	12	N/A

Ingredients

- 1 1/2 cups (375 mL) **Robin Hood®** Original All Purpose Flour

  Robin Hood® Original All Purpose Flour

- 3/4 cup (175 mL) packed brown sugar
- 1 tsp (5 mL) baking powder
- 1 tsp (5 mL) baking soda
- 1/4 tsp (1 mL) salt
- 1 egg
- 1 cup (250 mL) orange juice
- 1/4 cup (50 mL) Vegetable or Canola Oil
- 3/4 cup (175 mL) chopped dates
- 1/2 tsp (2 mL) grated orange zest

Directions

Step 1:

Preheat oven to 375ºF (190ºC). Grease or line muffin pan with paper liners.

Step 2:

Combine flour, brown sugar, baking powder, baking soda and salt in a large bowl.

Step 3:

Beat egg, juice, oil, dates and zest together in a separate large bowl, until blended. Stir into flour mixture, stirring until blended. Spoon into prepared muffin cups, filling each cup 2/3 full.

Step 4:

Bake in preheated oven for 18 to 20 minutes, or until a toothpick inserted in center of muffin comes out clean. Cool 10 minutes then remove from pan.

Images