THE J.M. SMUCKER Co

Cranberry Banana Oat Muffins

Prep Time	Cook Time	Serves	Difficulty
15 mins	25 mins	12	N/A

Ingredients

- 1 1/4 cups (300 mL) **Robin Hood®** All Purpose Whole Wheat Flour

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- 1 1/4 cups (300 mL) **Robin Hood®** Quick Oats

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- 2/3 cup (150 mL) sugar
- 1 1/2 tsp (7 mL) baking powder
- 1 tsp (5 mL) baking soda
- 1/2 tsp (2 mL) salt
- 1 egg
- 2 cups (500 mL) banana, mashed
- 1/3 cup (75 mL) butter, melted
- 1 cup (250 mL) dried cranberries

Directions

Step 1:

COMBINE first six dry ingredients in mixing bowl. Mix well.

Step 2:

BEAT egg, banana and melted butter together until smooth.

Step 3:

ADD banana mixture to dry ingredients. Stir just until moistened. Stir in nuts, if desired.

Step 4:

FILL greased muffin cups 3/4 full.

Step 5:

BAKE at 375ºF (190ºC) for 20-25 minutes, or until top springs back when lightly touched.

Images

