



THE J.M. SMUCKER CO.

# Cranberry Banana Oat Muffins

**Prep Time** **Cook Time** **Serves** **Difficulty**

15 mins 25 mins 12 N/A

## Ingredients

- 1 1/4 cups (300 mL) **Robin Hood®** All Purpose Whole Wheat Flour  
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- 1 1/4 cups (300 mL) **Robin Hood®** Quick Oats  
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- 2/3 cup (150 mL) sugar
- 1 1/2 tsp (7 mL) baking powder
- 1 tsp (5 mL) baking soda
- 1/2 tsp (2 mL) salt
- 1 egg
- 2 cups (500 mL) banana, mashed
- 1/3 cup (75 mL) butter, melted
- 1 cup (250 mL) dried cranberries

## Directions

### Step 1:

COMBINE first six dry ingredients in mixing bowl. Mix well.

### Step 2:

BEAT egg, banana and melted butter together until smooth.

### Step 3:

ADD banana mixture to dry ingredients. Stir just until moistened. Stir in nuts, if desired.

### Step 4:

FILL greased muffin cups 3/4 full.

### Step 5:

BAKE at 375°F (190°C) for 20-25 minutes, or until top springs back when lightly touched.

## Images

