THE J.M. SMUCKER Co

Blueberry Oat Muffins

Prep Time	Cook Time	Serves	Difficulty
15 mins	20 mins	12	N/A

Ingredients

- 1 cup (250 mL) **Robin Hood®** Oats

  Robin Hood® Quick Oats

- 1 cup (250 mL) buttermilk
- 1 cup (250 mL) **Robin Hood®** Original All Purpose Flour

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- 1 tsp (5 mL) baking powder
- 1/2 tsp (2 mL) baking soda
- 1/2 tsp (2 mL) salt
- 3/4 cup (175 mL) packed brown sugar
- 1 egg, beaten
- 1/4 cup (50 mL) Vegetable or Canola Oil
- 1 cup (250 mL) blueberries, fresh or frozen

Directions

Step 1:

Preheat oven to 375°F (190°C). Grease or line 12 cup muffin pan with paper liners.

Step 2:

Combine oats and buttermilk in a medium bowl. Let stand.

Step 3:

Mix flour, brown sugar, baking powder, baking soda and salt together in a large bowl. Stir well to blend. Add egg and oil to oat mixture. Mix well. Add to flour mixture, stirring just until moistened. Gently fold in blueberries. Fill prepared muffin cups.

Step 4:

Bake in preheated oven for 18 to 20 minutes, or until a toothpick inserted in center of muffin comes out clean. Cool on a wire rack.

Images

