## Robin Hood

 omBake some memories"

ROBINHOOD.CA

ROBIN HOOD ${ }^{\circledR}$ QUICK BREAD MIXES


# The quick and delicious answer to homemade taste in a hurry! 

For more information, visit ROBINHOOD.CA

## Guests coming over?

This easy-to-make delicious apple cake will be an instant hit!

PREP: 25 MINUTES BAKE: 80 MINUTES MAKES: 16 SERVINGS FREEZING: EXCELLENT
$6 \operatorname{cups}(1.5 \mathrm{~L})$ (approximately $4-6$ apples), $\quad$ I $1 / 2 \operatorname{cups}(375 \mathrm{~mL})$ water peeled and roughly chopped (preferably McIntosh)
2 pkgs (924 g) Robin Hood ${ }^{\circledR}$ Quick Bread Mix Cinnamon Swirl

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1/2 cup (125 mL) Crisco }\mp@subsup{}{}{\circledR}\mathrm{ Canola or
    Vegetable Oil
4 ~ e g g s ~
| tsp (5 mL) vanilla extract
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I. Preheat oven to $375^{\circ} \mathrm{F}\left(190^{\circ} \mathrm{C}\right)$. Grease a $10^{\prime \prime}(25 \mathrm{~cm})$ tube pan.
2. Place apples in a large bowl. Remove $1 / 2$ cup $(125 \mathrm{~mL})$ swirl mix for topping. Toss remaining swirl mix with apples. Reserve.
3. Blend quick bread mix, water, oil, eggs and vanilla in a separate large bowl. Mix until all ingredients are well combined.
4. Pour 3 cups $(750 \mathrm{~mL})$ batter into prepared pan. Top with reserved apple mixture. Pour remaining batter over apple mixture. Sprinkle with reserved swirl mix.
5. Bake in preheated oven, $75-80$ minutes or until a toothpick inserted in centre of cake comes out clean. Cool in pan on wire cooling rack for 60 minutes. Remove from pan and continue cooling on wire cooling rack.

When checking for doneness, make sure to insert toothpick into cake batter and not the apples.


## CINNAMON SWIRL homemade taste in a hurry!




Satisfy your sweet craving! These chocolaty treats are so easy to make and the perfect complement to a hot cup of Folgers ${ }^{\circledR}$ Coffee.

PREP: 10 MINUTES + 30 MINUTES REFRIGERATION BAKE: 45 MINUTES MAKES: 24 BISCOTTI FREEZING: EXCELLENT

## BISCOTTI

I pkg (493 g) Robin Hood ${ }^{\circledR}$ Quick Bread Mix Chocolate Chip
$1 / 2$ cup ( 125 mL ) butter, melted
2 eggs
I. Line baking sheet with parchment paper.
2. Combine quick bread mix, swirl mix, butter and eggs in a large bowl. Stir well until evenly moistened.
3. Place dough on prepared baking sheet. Divide dough in half, shaping each half into an $8 " \times 2 "(20 \mathrm{~cm} \times 5 \mathrm{~cm}) \log$ about 4" ( 10 cm ) apart. Refrigerate for 30 minutes.
4. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$.
5. Bake in preheated oven, 22-25 minutes or until lightly golden brown. Cool I5 minutes. Cut each log into $3 / 4$ " $(2 \mathrm{~cm})$ thick slices using a sharp serrated knife. Place slices cut-side down on same baking sheet.
6. Bake for an additional $18-20$ minutes, turning after 10 minutes. Cool on wire cooling rack. Dip cooled biscotti into melted chocolate. To set chocolate quickly, place dipped biscotti on a wire cooling rack and refrigerate until chocolate is set.

These biscotti have a more cookie-like texture than a traditional biscotti recipe. Take a break and enjoy these chocolaty treats with a hot cup of Folgers ${ }^{\circledR}$ Black Silk ${ }^{\circledR}$ Coffee.



# WE FORCHANGE 

PREP: 5 MINUTES BAKE: 20 MINUTES MAKES: 30 BARS FREEZING: EXCELLENT

## BARS

I pkg (396 g) Robin Hood ${ }^{\circledR}$ Quick Bread Mix Banana Flavoured
$3 / 4 \quad$ cup ( 175 mL ) water
1/2 $\operatorname{cup}(125 \mathrm{~mL})$ Crisco ${ }^{\text {® }}$ Canola or Vegetable Oil

1 egg
I cup ( 250 mL ) semi-sweet chocolate chips

## GLAZE

I cup ( 250 mL ) semi-sweet chocolate chips, melted
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$. Grease a $10^{\prime \prime} \times 15^{\prime \prime} \times I^{\prime \prime}$ $(25 \mathrm{~cm} \times 38 \mathrm{~cm} \times 2.5 \mathrm{~cm})$ baking sheet and line with parchment paper, overlapping 2 sides for easy removal.
2. Combine quick bread mix, water, oil and egg in a mixing bowl. Stir until batter is combined. Add in chocolate chips. Spread batter into prepared pan.
3. Bake in preheated oven, $18-20$ minutes or until a toothpick inserted in centre comes out clean. Cool on wire cooling rack.
4. Cut into $11 / 2 " \times 3 "(4 \mathrm{~cm} \times 8 \mathrm{~cm})$ bars. Drizzle with melted chocolate.Bake Sale Tip: Make the Monkey Bars a couple of weeks ahead and freeze them in an airtight container. Defrost them the morning of your bake sale.


## TOGETHER WE CAN BAKE A DIFFERENCE

Join the WE BAKE FOR CHANGE campaign! Find out how you can rise to the challenge and help raise funds to support families globally.

Visit freethechildren.com/webakeforchange


WITH THE SUPPORT OF

## (C15C0) <br> 



PREP: 15 MINUTES BAKE: 10 MINUTES MAKES: ABOUT 50 COOKIES FREEZING: EXCELLENT

| I | cup ( 250 mL ) butter, melted |
| :---: | :---: |
| 1 | cup ( 250 mL ) packed brown sugar |
| 1/2 | cup ( 125 mL ) sugar |
| 2 | eggs |
| 1 | tsp ( 5 mL ) vanilla extract |
| 3 | cups ( 750 mL ) Robin Hood ${ }^{\text {® }}$ Oats |
| $11 / 2$ | cups ( 375 mL ) Robin Hood Original |
|  | All Purpose Flour |

1/2 cup ( 125 mL ) cocoa powder
I cup $(250 \mathrm{~mL})$ packed brown sugar
I tsp ( 5 mL ) baking soda
$1 / 2 \quad \operatorname{tsp}(2 \mathrm{~mL})$ salt
I cup ( 250 mL ) semi-sweet chocolate chips
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$. Line baking sheets with parchment paper.
2. Beat butter and sugars until combined. Add eggs and vanilla. Beat in remaining ingredients.
3. Roll I tbsp ( 15 mL ) of dough into a ball and place onto prepared baking sheets, about 2" ( 5 cm ) apart.
4. Bake in preheated oven, $8-10$ minutes. Cookies should still be soft to the touch. Let sit on baking sheets for I-2 minutes until more firm. Transfer to wire cooling rack until cool.Bake Sale Tip: Bring a sign with the name of your recipe and an ingredient list. This will answer people's questions as to the ingredients in your baking.

## JAMMY THUMBPRINT SQUARES



MAde possible in canada by


PREP: 15 MINUTES + I HOUR CHILLING TIME BAKE: 45 MINUTES MAKES: 48 SQUARES FREEZING: EXCELLENT

I cup $(250 \mathrm{~mL})$ butter, softened
I cup ( 250 mL ) sugar
I egg
I tsp $(5 \mathrm{~mL})$ vanilla extract
$21 / 2$ cups ( 625 mL ) Robin Hood ${ }^{\circledR}$ Original All Purpose Flour
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$. Grease and line a $9^{\prime \prime} \times 13^{\prime \prime}(23 \mathrm{~cm} \times 33 \mathrm{~cm})$ baking dish with parchment paper, overlapping 2 sides for easy removal.
2. Cream butter and sugar until well combined. Beat in egg and vanilla.
3. Add flour to butter mixture on low speed. Mix until dough comes together.
4. Press dough evenly into prepared baking dish. Score dough with a sharp knife into 48 squares ( 8 across and 6 down). Using the end of a wooden spoon, make indentations in the centre of each square.
5. Fill each hole with I tsp $(5 \mathrm{~mL})$ jam.
6. Bake in preheated oven, 40-45 minutes or until golden brown around the edges. Place baking dish on wire cooling rack. Carefully run sharp knife through scored lines and cut into squares. Cool in baking dish.
7. Lift squares out of baking dish by holding onto parchment paper. Separate squares and top with additional $1 / 2 \mathrm{tsp}(2 \mathrm{~mL})$ of jam. Dust with icing sugar.

## Bake Sale Tips:

Switch it up by trying two different types of jam. It makes the squares fun and colourful on the bake sale table.
Get the kids involved by having them make the holes and fill them with the jam. They will be proud to show off their creations.

Bet you can't have just one of these oh-so-good ooey-gooey squares!

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PREP: 15 MINUTES + 4 HOURS CHILLING TIME BAKE: 30 MINUTES MAKES: 25 SQUARES FREEZING: EXCELLENT
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## COOKIE DOUGH

$1 / 2 \quad \operatorname{cup}(125 \mathrm{~mL})$ butter, softened
$1 / 4 \operatorname{cup}(50 \mathrm{~mL})$ sugar
$1 / 4 \quad \operatorname{cup}(50 \mathrm{~mL})$ packed brown sugar
| egg
I tsp ( 5 mL ) vanilla extract
| $3 / 4$ cups ( 425 mL ) Robin Hood ${ }^{\circledR}$ Original All Purpose Flour
। tsp ( 5 mL ) baking powder
$1 / 4 \quad \mathrm{tsp}(1 \mathrm{~mL})$ salt

## CHEESECAKE

## । can ( 300 mL ) Eagle Brand ${ }^{\circledR}$

Chocolate Flavoured Sauce, divided
$8 \mathrm{oz}(250 \mathrm{~g})$ cream cheese, softened
1 egg
2 tbsp ( 30 mL ) Robin Hood Original All Purpose Flour
I tsp $(5 \mathrm{~mL})$ vanilla extract
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$. Grease and line a $9^{\prime \prime} \times 9^{\prime \prime}(23 \mathrm{~cm} \times 23 \mathrm{~cm})$ baking dish with parchment paper, overlapping 2 sides for easy removal.
2. COOKIE DOUGH: Beat butter and sugars until well combined. Add egg and vanilla, beat well. Add flour, baking powder and salt, beating just until dough comes together. Press dough evenly into prepared baking dish.
3. CHEESECAKE: Remove $1 / 3$ cup $(75 \mathrm{~mL})$ chocolate flavoured sauce. Set aside. Beat cream cheese, remaining chocolate flavoured sauce, egg, flour and vanilla until smooth. Pour cream cheese mixture over base. Drizzle remaining chocolate flavoured sauce over mixture.
4. Bake in preheated oven, 28-30 minutes or until top of cheesecake is firm to the touch. Cool on wire cooling rack for I-2 hours. Cover and continue chilling in refrigerator at least 4 hours or overnight. Cut into squares.

Most of the chocolate flavoured sauce that was drizzled on the top will sink in and create a layer of sauce between the crust and the cheesecake topping.
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We've taken this traditional dessert to a whole new level! Bite-sized squares with melt-in-your-mouth shortbread and sweet caramel.

PREP: 15 MINUTES BAKE: 65 MINUTES MAKES: 36 SQUARES FREEZING: EXCELLENT

## TOPPING

2 cups ( 500 mL ) whole pecans
। can ( 300 mL ) Eagle Brand ${ }^{\text {® }}$ Dulce de Leche Caramel Flavoured Sauce

## SHORTBREAD

2 cups ( 500 mL ) butter, softened cup $(250 \mathrm{~mL})$ sugar
$31 / 4$ cups $(800 \mathrm{~mL})$ Robin Hood ${ }^{\circledR}$ Original All Purpose Flour
$1 / 2 \quad \operatorname{cup}(125 \mathrm{~mL})$ corn starch
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$. Place pecans on baking sheet and bake in preheated oven, 8 - 10 minutes. Set aside.
2. Grease a $9 " \times 13 "(23 \mathrm{~cm} \times 33 \mathrm{~cm})$ baking dish and line with parchment paper, overlapping 2 sides for easy removal.
3. SHORTBREAD: Beat butter in a large bowl of an electric mixer on medium-high speed until very light in texture, about 5 minutes. Add sugar and continue beating until sugar is completely combined, about 2-3 minutes.
4. Combine flour and corn starch in a separate medium bowl. Add to butter mixture on low speed until well combined.
5. Press dough evenly on bottom and up the sides of prepared baking dish. Bake in preheated oven, 45-50 minutes.
6. TOPPING: Combine toasted pecans and caramel flavoured sauce in a medium bowl. Spread over hot crust. Return to oven and continue baking for an additional I2-I5 minutes. Cool on wire cooling rack in baking dish. Once cooled, lift squares out of baking dish by holding onto parchment paper and cut into squares.
to watch a step-by-step video on how to make this melt-in-your-mouth shortbread crust!

Topped with a creamy walnut frosting, this delicious spin on a classic chocolate dessert will have everyone asking for more!

## PREP: 20 MINUTES + CHILLING TIME BAKE: 35 MINUTES <br> MAKES: 18 SERVINGS FREEZING: EXCELLENT

## BATTER

I pkg (270 g) CHIPITS Milk Chocolate Chips, divided
$1 / 2 \operatorname{cup}(125 \mathrm{~mL})$ water
I cup $(250 \mathrm{~mL})$ butter, softened
| $1 / 2$ cups ( 375 mL ) sugar
4 eggs
I tsp ( 5 mL ) vanilla extract
$21 / 2$ cups ( 625 mL ) Robin Hood ${ }^{\circledR}$ Best for Cake \& Pastry Flour
1/4 cup ( 50 mL ) cocoa powder
I $1 / 2 \mathrm{tsp}(7 \mathrm{~mL})$ baking soda
$1 / 2 \quad$ tsp $(2 \mathrm{~mL})$ salt
I cup $(250 \mathrm{~mL})$ sour cream

## FILLING

I can (370 mL) Carnation ${ }^{\circledR}$ Regular, 2\% or Fat Free Evaporated Milk
I $1 / 2$ cups ( 375 mL ) sugar
3/4 cup ( 175 mL ) butter
4 egg yolks, lightly beaten
$1 / 4 \quad \mathrm{tsp}(1 \mathrm{~mL})$ salt
2 cups ( 500 mL ) chopped, toasted walnuts or pecans
\| tsp $(5 \mathrm{~mL})$ vanilla extract
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$. Grease three $8^{\prime \prime}(20 \mathrm{~cm})$ round cake pans.
2. BATTER: Place I cup $(250 \mathrm{~mL})$ milk chocolate chips and water in a medium saucepan. On medium heat, melt chocolate, stirring frequently. Cool mixture.
3. Beat butter and sugar until light and well combined. Add eggs, one at a time, beating well after each addition. Add vanilla and melted chocolate mixture.
4. Sift flour, cocoa powder, baking soda and salt in a large bowl.
5. Add the flour mixture and sour cream in three additions, beginning and ending with the flour mixture. Beat just until combined. Stir in remaining milk chocolate chips.
6. Divide batter evenly in prepared baking pans. Bake, 30-35 minutes or until a toothpick inserted in centre of cakes comes out clean. Let cakes cool in pans on wire cooling rack for 15 minutes. Remove from pans and cool completely.
7. FILLING: Combine milk, sugar, butter, egg yolks, and salt in a medium saucepan. Cook, stirring constantly, over medium heat. Cook until mixture is boiling and has thickened, about 15-18 minutes. Remove from heat. Stir in chopped, toasted walnuts and vanilla. Allow mixture to cool until spreadable (about 30-60 minutes).
8. ASSEMBLY: If cakes are domed, slice off tops to make them even. Place one layer on serving plate. Spread filling between layers and on top of cake.

## GERMAN CHOCOLATE CAKE




Stir things up with IN THE RAW ${ }^{\text {TM }}$ naturally sourced sweeteners.

Visit IntheRawCanada.ca for more delicious recipes.

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Fresh pears and tart cranberries smothered in a sweet and crumbly topping. One tasty spoonful is all you need to fall in love.

PREP: 25 MINUTES BAKE: 55 MINUTES
MAKES: 10 SERVINGS FREEZING: NOT RECOMMENDED

## TOPPING

2 cups ( 500 mL ) Robin Hood ${ }^{\circledR}$ Oats
$3 / 4 \quad \operatorname{cup}(175 \mathrm{~mL})$ SUGAR IN THE
RAW ${ }^{\circledR}$ Natural Turbinado Sugar
$1 / 2 \quad \operatorname{cup}(125 \mathrm{~mL})$ Robin Hood Original All Purpose Flour
1/2 cup ( 125 mL ) chopped pecans (optional)
I tsp (5 mL) cinnamon
$1 / 4 \quad \operatorname{tsp}(1 \mathrm{~mL})$ salt
3/4 cup ( 175 mL ) butter, melted

## FILLING

$3 / 4 \quad \operatorname{cup}(175 \mathrm{~mL})$ STEVIA IN THE RAW ${ }^{\circledR}$ Sweetener Baker's Bag
2 tbsp ( 10 mL ) Robin Hood Original All Purpose Flour
I tsp $(5 \mathrm{~mL})$ cinnamon
$1 / 4 \quad \operatorname{tsp}(1 \mathrm{~mL})$ salt
$4 \mathrm{lb}(2 \mathrm{~kg})$ ripe pears, peeled, cored and cut into I" ( 2.5 cm ) cubes (about 6 cups/ 1.5 L )
I cup ( 250 mL ) fresh or frozen cranberries
I cup ( 250 mL ) dried cranberries
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$.
2. TOPPING: Combine topping ingredients in a medium bowl. Reserve.
3. FILLING: Mix sweetener, flour, cinnamon and salt in a large bowl. Add pears and cranberries to sweetener mixture. Toss well to coat fruit. Place in a $9 " \times 13 "(23 \mathrm{~cm} \times 33 \mathrm{~cm})$ baking dish. Sprinkle with reserved topping mixture.
4. Bake in preheated oven, 50-55 minutes until topping is golden brown and fruit mixture is bubbling. Serve warm or at room temperature.
(S)

To ripen pears quickly, place in a brown paper bag with an apple or a banana and leave at room temperature.
Replace the pecans with your favourite nuts or any nuts you may have on hand.
Pair this delicious recipe with a rich, dark roasted, full-bodied cup of
Folgers ${ }^{\circledR}$ Gourmet Supreme ${ }^{\text {TM }}$ Coffee for a mid-afternoon treat.

## PEAR \& CRANBERRY CRISP



## OLD FASHIONED APPLE PIE



## CRISCO ${ }^{\circledR}$ NO FAIL PIE CRUST

2 cups ( 500 mL ) Robin Hood ${ }^{\circledR}$ Original All Purpose Flour
$3 / 4 \quad \mathrm{tsp}(4 \mathrm{~mL})$ salt
I cup ( 250 mL ) Crisco All-Vegetable Shortening or Crisco One Cup Stick
1 egg
2 tbsp ( 30 mL ) cold water
। tbsp ( 15 mL ) white vinegar

## FILLING

I cup ( 250 mL ) SUGAR IN THE
RAW ${ }^{\text {® }}$ Natural Turbinado Sugar
I. Preheat oven to $450^{\circ} \mathrm{F}\left(230^{\circ} \mathrm{C}\right)$.
2. CRISCO NO FAIL PIE CRUST: Combine flour and salt in a large mixing bowl. Cut room temperature shortening into flour with pastry blender or 2 knives until mixture is blended and shortening resembles pea-sized pieces. Beat egg, water and vinegar together. Pour all liquid evenly over flour mixture. Stir with fork until all of the mixture is moistened. Divide dough in half and shape each half into a ball. Flatten each into a 4 " $(10 \mathrm{~cm})$ circle. Wrap in plastic wrap and chill for 15 minutes for easier rolling.
3. Roll one half of the dough on a floured surface into a circle 2 " $(5 \mathrm{~cm})$ wider than a 9" $(23 \mathrm{~cm})$ pie plate. Transfer into a pie plate. Trim pastry at edges of plate. Roll out remaining dough and set aside.
4. FILLING: Combine sugar, flour and cinnamon in a large bowl. Add apples, tossing lightly to coat fruit with sugar mixture. Fill the pastry-lined pie plate with fruit mixture. Dot with butter. Top with remaining pastry. Seal and flute edges. Cut slits on top of pastry.
5. TOPPING: Brush top of pie with beaten egg and sprinkle with sugar.
6. Place the pie on a foil-lined baking sheet. Bake in preheated oven, on bottom rack, for 10 minutes. Reduce heat to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$ and bake, $60-70$ minutes or until pastry is golden and fruit is tender. Cool on wire cooling rack for at least 2 hours before serving.


## GLUTEN FREE* GHOCOLATE DREAMS

## COOKIE BATTER

2 tbsp ( 30 mL ) Crisco $^{\circledR}$ Canola or Vegetable Oil
$1 / 4 \quad \operatorname{cup}(50 \mathrm{~mL})$ popcorn kernels or 4 cups ( 1 L ) popcorn
I cup ( 250 mL ) butter, softened
I cup $(250 \mathrm{~mL})$ packed brown sugar
$3 / 4 \quad \operatorname{cup}(175 \mathrm{~mL})$ sugar
2 eggs
2 tsp ( 10 mL ) vanilla extract

3 cups ( 750 mL ) Robin Hood ${ }^{\circledR}$ Nutri Flour Blend ${ }^{\text {TM }}$ Tastes Like White
I tsp ( 5 mL ) baking powder
I tsp ( 5 mL ) baking soda
$1 / 2 \quad \operatorname{tsp}(2 \mathrm{~mL})$ salt
I pkg (200 g) CHIPITS SKOR Toffee Bits
TOPPING
$1 / 2 \operatorname{cup}(125 \mathrm{~mL})$ SUGAR IN THE RAW ${ }^{\circledR}$ Natural Turbinado Sugar
$1 / 2 \quad$ tsp $(2 \mathrm{~mL})$ kosher or sea salt
I. Preheat oven to $350^{\circ} \mathrm{F}\left(180^{\circ} \mathrm{C}\right)$. Line baking sheets with parchment paper.
2. COOKIE BATTER: Place oil and popcorn kernels on the bottom of a medium saucepan. Cover pan leaving lid slightly ajar and place over medium heat. When popping slows, remove pan from heat. Remove any unpopped kernels. Cool.
3. Cream butter and sugars together until well combined. Beat in eggs and vanilla.
4. Combine flour blend, baking powder, baking soda and salt. Add to butter mixture. Mix until flour mixture is incorporated into butter mixture. Fold in toffee bits and popcorn just until combined.
5. TOPPING: Combine sugar and salt in a small bowl. Set aside.
6. Roll I heaping tbsp $(15 \mathrm{~mL})$ of dough into a ball and coat in reserved sugar mixture. Place 2" ( 5 cm ) apart on prepared baking sheets. Press dough down slightly.
7. Bake in preheated oven, I2-I4 minutes or until lightly golden. Transfer cookies to wire cooling rack and cool completely.
(S)

If you do not like sweet and salty, simply roll the cookies in SUGAR IN THE RAW Natural Turbinado Sugar without the salt.


## French Toast Scones

PREP: 15 minutes BAKE: 18 minutes
MAKES: 12 scones FREEZING: Excellent

## 

For seasonal recipes, tips and savings, visit
f ziploccanada

## SCONES

3 cups ( 750 mL ) Robin Hood ${ }^{\text {® }}$ Original All Purpose Flour
1 cup ( 250 mL ) packed brown sugar
1 tbsp ( 15 mL ) baking powder
1 tsp ( 5 mL ) cinnamon
$1 / 2$ tsp (2 mL) baking soda
$1 / 2 \quad \operatorname{tsp}(2 \mathrm{~mL})$ salt
1 cup ( 250 mL ) Crisco ${ }^{\text {® }}$ All-Vegetable Shortening or Crisco One Cup Stick, chilled
1 cup ( 250 mL ) Carnation ${ }^{\text {® }}$ Regular Evaporated Milk

## GLAZE

1/2 cup ( 125 mL ) icing sugar
3 tbsp ( 45 mL ) maple syrup
2 tbsp ( 30 mL ) Carnation Regular Evaporated Milk

1. Preheat oven to $400^{\circ} \mathrm{F}\left(200^{\circ} \mathrm{C}\right)$. Line baking sheet with parchment paper.
2. SCONES: Combine flour, sugar, baking powder, cinnamon, baking soda and salt in a large mixing bowl.
3. Cut in shortening using a pastry blender or two knives until mixture resembles coarse meal. Add evaporated milk and mix with a fork to create soft, slightly sticky dough. Press dough into a ball. On lightly floured surface, knead gently. Pat dough into 1 " $(2.5 \mathrm{~cm})$ thick circle. Cut into 12 wedges. Place on prepared baking sheet.
4. Bake in preheated oven 15-18 minutes or until golden brown. Cool on wire cooling rack.
5. GLAZE: Mix icing sugar, maple syrup and evaporated milk in a small bowl. Drizzle glaze over warm scones.

## For a fresh and tasty breakfast each morning, store <br> these scones in Ziploc ${ }^{\circledR}$ brand freezer bags for up to 2 weeks.

## PASYAS PIE

Making pies from scratch is easier than ever.

criscocanada.com

## NUTRITIONAL INFORMATION

Nutrients per serving is based on the use of the lowest fat variety of Carnation ${ }^{\circledR}$ Evaporated Milk specified in each recipe.

| Recipe | Serving Size | Calories | Protein (g) | Fat (g) | Carbohydrates (g) | Fibre (g) | Sodium (mg) | Cholesterol (mg) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Apple Cinnamon Swirl Cake | I Serving (125 g) | 326 | 3.2 | 12.9 | 52.7 | 2.2 | 257 | 46 |
| Chocolate Dipped Biscotti | I Biscotti (30 g) | 181 | 1.6 | 10 | 23.7 | 1.3 | 116 | 25 |
| Monkey Bars | I Bar (35 g) | 137 | 1.5 | 7.6 | 18.2 | 1.1 | 83 | 6 |
| Double Chocolate Oatmeal Cookies | I Cookie (25 g) | 114 | 1.9 | 5.4 | 15.6 | 1 | 79 | 17 |
| Jammy Thumbprint Squares | I Square (25 g) | 100 | 1 | 4 | 15.2 | 0.2 | 32 | 14 |
| Chocolaty Cheesecake Squares | I Square (40 g) | 180 | 3.9 | 8.8 | 20.7 | 0.2 | 116 | 39 |
| Caramel Pecan Pie Squares | I Square (45 g) | 239 | 2.9 | 15.5 | 22.8 | 0.8 | 85 | 30 |
| German Chocolate Cake | I Serving (145 g) | 591 | 9.6 | 35.3 | 62.3 | 2.4 | 389 | 141 |
| Pear \& Cranberry Crisp | I Serving (200 g) | 408 | 4.6 | 15.5 | 68.7 | 7.4 | 218 | 37 |
| Old Fashioned Apple Pie | I Serving (185 g) | 586 | 5.8 | 32.9 | 68.6 | 2.1 | 241 | 38 |
| Spiced Honey Cookies | I Cookie (25 g) | 109 | 1.4 | 4.3 | 17 | 1.2 | 59 | 13 |
| Gluten Free Chocolate Dreams | I Cookie (20 g) | 112 | 1.4 | 5.9 | 15 | 1.1 | 69 | 16 |
| Salted Toffee Popcorn Cookies | I Cookie (25 g) | 130 | 1.3 | 5.9 | 18.7 | \| | 119 | 20 |
| French Toast Scones | I Scone (95 g) | 417 | 5.9 | 20.4 | 53.5 | 0.8 | 259 | I |

## Robin Hood



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